

**NOVEMBER 13**

# SOCIAL MEDIA KINDNESS DAY

a day dedicated to promoting positivity, compassion, and respect across all online platforms.

We are here 24/7 to support NJ youth as they face all of life's challenges - including dealing with cyberbullying and online negativity.

Please help spread the word that it only takes a second to get professional support with the 2NDFLOOR app. The app is anonymous, confidential, free, and available 24/7/365. Youth can access the app at

[2NDFLOOR.org/download](https://2NDFLOOR.org/download)

# 2NDFLOOR

SUPPORT FOR YOUNG PEOPLE. ANYTIME. ANYWHERE.

**2ND  
FLOOR**

