



**WASHINGTON  
TOWNSHIP**  
SCHOOL DISTRICT

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The Washington Township School District is committed to providing a comprehensive and engaging Health and Physical Education curriculum that promotes the well-being of all students. Our curriculum is designed to foster the development of knowledge, skills, and attitudes necessary for students to lead healthy, active lifestyles.

The health education component of our curriculum is based on the 2020 New Jersey Student Learning Standards for Comprehensive Health and Physical Education. These standards ensure that our students receive up-to-date, relevant instruction in various health-related topics, including personal growth and development, social and emotional health, community health services and support, and safety.

For the past three years, our district has utilized The Great Body Shop as the primary resource for health education in grades K-6. This comprehensive program provides age-appropriate, engaging materials that align with state standards and address critical health topics in a way that resonates with young learners.

In addition to our core health curriculum, we partner with the New Jersey Child Assault Prevention (NJCAP) program to provide specialized child assault prevention lessons to students in second and fourth grades. This important initiative helps equip our students with essential personal safety skills and knowledge.

Our physical education program complements the health curriculum by promoting physical fitness, motor skill development, and the importance of regular physical activity. Together, these components create a well-rounded approach to health and physical education that supports the overall well-being of our students.

For more information on the standards and resources that inform our curriculum, please visit the following links:

[NJSLS – Comprehensive Health & Physical Education](#)

[The Great Body Shop](#)

[New Jersey Child Assault Prevention \(NJCAP\)](#)