

# Recovery Connections

370 Memorial Pkwy, #4  
Phillipsburg, NJ, 08865

February 2024

Wednesday 12:30pm-5pm	Thursday 10am-3pm	Friday 5pm-9pm	Saturday 1pm-9pm
	Please see social media pages or contact a staff member if you have any questions.	We are still offering support via phone. Each date has the times and the person available to speak with. We are available for specific ongoing appointments.	Please note we are not a crisis line. Sometimes we are servicing other people and you will need to leave a voicemail. We will do our very best to reach out to you ASAP.
	1	2	3
	<b>12:30pm-5:00pm</b> Recovery Question Cards	On Call: Carolyn 908-914-6938	On Call: Carolyn 908-914-6938 <b>Open Zoom Discussion</b> 12:30pm-1:30pm
7	8	9	10
<b>12:30pm-5:00pm</b> Setting Boundaries	<b>10:00am-3:00pm</b> Who am I really? Identity Exploration Activity	On Call: Carolyn 908-914-6938	On Call: Carolyn 908-914-6938 <b>Open Zoom Discussion</b> 12:30pm-1:30pm
14	15	16	17
<b>12:30pm-5:00pm</b> Color & Conversation	<b>10:00am-3:00pm</b> 6 Dimensions of Gratitude	On Call: Carolyn 908-914-6938	On Call: Carolyn 908-914-6938 <b>Open Zoom Discussion</b> 2:00pm-3:00pm

<p style="text-align: right;">21</p> <p style="text-align: center;"><b>12:30pm-5:00pm</b> Paint &amp; Snack</p>	<p style="text-align: right;">22</p> <p style="text-align: center;"><b>10:00am-3:00pm</b> Managing Your Environment</p>	<p style="text-align: right;">23</p> <p style="text-align: center;">On Call: Carolyn 908-914-6938</p>	<p style="text-align: right;">24</p> <p style="text-align: center;">On Call: Carolyn 908-914-6938</p> <p style="text-align: center;"><b>Open Zoom Discussion</b> 1:00pm-2:00pm</p>
<p style="text-align: right;">28</p> <p style="text-align: center;"><b>12:30pm-5:00pm</b> Movie : Beautiful Boy</p>	<p style="text-align: right;">29</p> <p style="text-align: center;"><b>10:00am-3:00pm</b> First Impressions : Group Activity</p>		

**If you are experiencing a crisis please call 908-454-5141 or call 911**

**Phone # 908-454-4470 Ext. 76306**

Please check out our social media for ongoing information, support, & resources.

For in person appointments, please contact Alana or Carolyn to schedule an appointment.

<https://www.centerffs.org/>