

CENTER FOR FAMILY SERVICES OF WARREN COUNTY

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Prevention Connections: (908) 223-1985

Emergency: (908) 454-5141

492 Route 57 West

Washington, NJ 07882

Strengthening Families Program

For Families with Children Ages 6-11 & 12-16

Dear fellow Agency:

Prevention Connections, a program of the Center for Family Services of Warren County, will be hosting the Strengthening Families Program, a 7-week program for families across Warren County. The Strengthening Families Program was first established in 1982 to aid parents in developing the skills needed to keep their children from using drugs and alcohol. It is an evidence-based training program providing parenting and family life skills as well as children's social skills. Parents and children participate in SFP, both together and separately within breakout rooms. **The SFP family relationship skills are useful for *all* families—not just those at risk.** With this program, we hope to increase parental involvement, communication and family bonding while decreasing family conflict and youth depression and aggression.

Prevention Connections is offering this program for two separate targeted age groups. One for ages 6-11 and another group for ages 12-16.

Meals will be provided for each session as well as incentives and prizes for attending. Free transportation is also available. A program flyer and consent form have also been included for you in this packet.

Thank you again for your time and support!

If you have any questions or concerns, please do not hesitate to contact me at 732-672-7689 or via email at jessica.szczepanik@centerffs.org.

Sincerely,

Jessica Szczepanik

Director of Prevention Services

Prevention Connections

Center for Family Services of Warren County

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