

Language of Behaviors

Participants Guide: Parents

OBJECTIVES

By the end of this training, you will:

- Have a **shared definition** of challenging behavior.
- Understand that all **behavior is language**.
- Have a deeper a deeper understanding of how to use **observation skills to interpret the meaning of behaviors**.



Group Brainstorm. *Define challenging behavior. Give examples.*



Name that Emotion. *What emotion is each picture expressing? How do you know?*

Image 1	Image 2	Image 3

Two Approaches to Addressing Behavior

Front End Approach

- Considers moment as part of history.
- Observes antecedents.
- Considers developmental stage.
- Be proactive and process-oriented
- Search for meaning and function
- Goal: social cooperation

Back-End Approach.

- Addresses current moment
- Observes consequences.
- Focuses on behavior
- Be reactive and product-oriented
- Search for results
- Goal: social compliance



VIDEO

What was the child communicating with her behavior? How do you know?

What was the father's goal? How did he work towards his goal?



Reflective Quotes

Reflect on the following quotes. In the space provided write down your initial responses, reactions, and thoughts.

Quote	Reflections
“Children who seek <i>attention</i> are children who need attention. The behavior may be ignored but not the need.” - Unknown	
“Every child needs one person who is crazy about him.” -Uri Brofenbrenner	
“To recognize and meet the needs of students, you must recognize and meet the needs within yourself.” -Unknown	



Final Thoughts

- Problem behavior is the result of unmet needs.
- Problem behavior is a way to communicate.
- All behavior has meaning.
- Not all meaning is clear.
- Misbehavior is not always misbehavior.



Resources

S. Sandall, etal. Exceptional children: Practical ideas for addressing challenging behaviors. Longmont, CO: Sopris West and Denver, CO: DEC.

Center on the Social and Emotional Foundations of Learning: <http://csefel.vanderbilt.edu/>

Video: <https://youtu.be/1ycoXiEDBZk>

3-2-1 Reflection

3 Things I learned:

2 Strategies I will try:

1 Thing I want to learn more about: _____

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<https://www.surveymonkey.com/r/82CCV8Z>

