

Dear Wrestling Families,

As many of you already know, my husband Justin Colaluca is the varsity coach for Washington Y wrestling. We have recently opened up a private room right here in Washington, MOTION Wrestling. As part of the Washington Y family, we are trying to build the wrestling program for our town and it starts with the younger kids. I am reaching out to you to see if anyone would have the interest in practicing once or twice a week during the summer before the season starts. We will have at least two Warren Hills High school wrestlers teaching the kids and hope to hold practices Mondays and Wednesdays from 430-530. This may change due to the coaches summer schedules. We are hoping to start as soon as possible. This particular session will be for novice wrestles with less than two years experience. Please call or email me with any questions and let me know your interested. This is open to anyone, so please pass along this information to anyone you know who may want to wrestle. Thank you for your time and hope to hear back from you soon!

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This activity is not sponsored by the Washington Township School District