



March 2021

Re: Health Education – Puberty & The Reproductive System

Dear 5th Grade Parents/Guardians,

As a 5th Grade student, your child’s grade-level curriculum requires instruction regarding personal growth and development. According to N.J.S.A. 18A:35-7, *Every pupil, except kindergarten pupils, attending the public schools, insofar as he is physically fit and capable of doing so, as determined by the medical inspector, shall take such courses, which shall be a part of the curriculum prescribed for the several grades, and the conduct and attainment of the pupils shall be marked as in other courses or subjects, and the standing of the pupil in connection therewith shall form a part of the requirements for promotion or graduation.*

The New Jersey Student Learning Standards for Comprehensive Health and Physical Education require students receive instruction regarding The Reproductive System and Personal Growth and Development. Personal Growth and Development standards are described as follows: *Personal Growth and Development are lifelong processes of physical, behavioral, emotional and cognitive change throughout one’s lifetime. Personal Growth and Development pertains to keeping your body healthy and understanding hormonal changes (all body systems) and their impact on sexuality. It encompasses the human condition: who we are, how we grow or evolve, and how interaction with others affects the process of growth physically, mentally, socially, and emotionally from infancy through advanced age.*

Mrs. Dana Roberts, Brass Castle Nurse, will be providing this lesson to your child in late March. If you would prefer your child not participate, please return the bottom half of this notice to your child’s teacher no later than **Friday, March 12th**. If you would like your child to participate, no response is required.

Sincerely,

Jessica Garcia
Brass Castle Principal

New Jersey Department of Education Health & Education Standards
[Comprehensive Health and Physical Education NJSLs 2020 \(June\)](#)

Washington Township School District Curriculum
[Curriculum | \(washtwpsd.org\)](#)

5th Grade – Puberty & The Reproductive System
Spring 2021

Student’s Name: _____

Homeroom: _____

I do not want my child participating in the Puberty & The Reproductive System

Parent Signature: _____

Date: _____