S.O.A.R. VIRTUAL LEARNING MATRIX

SELF-CONTROL



- Follow instructions
- · Wait for your turn to speak or contribute
- · Use the raise your hand feature
- Minimize distractions
- · Utilize chat features appropriately

ON-TASK



- · Log in on time
- · Be present/actively engaged
- · Organize your materials
- · Set daily goals
- Make yourself visible
- Have a backup plan if you get disconnected





Be prepared

- Complete preparation work
 Reach out to the teacher for help
- · Share and collaborate
- Write in complete sentences
- Create a schedule/space to complete assignments (something about time and space management)

· Complete tasks on time/Stay on top of assignments





- Mute microphone when others are speaking
- Respect others' perspectives
- · Use kind words
- Use proper text etiquette (i.e., ALL CAPS, bold, Italics, sarcasm/jokes, etc.). Can be misinterpreted in a digital space
- Help each other during group assignments and in designated meeting rooms
- · Resolve conflict peacefully



