

For more information or questions about the Health Fair please contact

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or call

**(908) 689-3050 ext 3606**



Location:

Warren Hills  
Regional High  
School

41 Jackson Valley  
Road  
Washington, NJ  
07882

Warren Hills Regional School  
District  
hosts

## First Community Health Fair



Saturday, May 31st  
2014  
10 am to 3 pm

**Free Admission!**

# Activities and Workshops Include:

## Free Screenings:

[Morristown Medical Center](#) – free B.P., Glucose & Dermaview Screenings  
[Shoprite Dietician Carly Sopko, RD](#) – BMI & Registered Dietician Services  
[Warren County Public Health Nursing](#) – Hemoglobin Testing

## Presentations:

[Advanced Health & Wellness \(Dr. Reed\)](#) – Allergies, ADHD, Weight Loss  
[Arbonne International](#) – Skin Care & Bladder Health  
[Classic Ballroom Dance Studio](#)  
Multicultural Dances  
[Health & Fitness Apps](#)  
[KnowURNutrition](#) – Benefits of Unrefined Plant Based Diet  
[Musconetcong Watershed Association](#)  
Water Quality  
[NJ Dept. of Health \(NJSOPHE\)](#) – Antibiotics  
[Peter Smith Irish School of Dance](#) – Performances  
[Rite Aid \(Wellness Ambassador\)](#) – Vaccinations  
[Rooted in the Earth](#) – Presentations on Healthy Living  
[Warren County Public Nursing Agency](#) – Importance of Immunization and Sun Safety & Sunscreen  
[Zufall Center](#) – Affordable Care Act

## Informational booths:

[Aromatherapy Vibrant Scents](#)  
[Curves](#) – Fitness Education  
[Domestic Abuse Sexual Assault Crisis Center \(DASACC\)](#) – Personal safety and safe relationships  
[Dr. Edward Magaziner](#) – Pain Management  
[Easton Hospital](#) – Cardiac Information  
[EMT](#) – Emergency Preparedness  
[Family Guidance Center](#) – Mental Health Services  
[Family Support Organization](#) – Mental Health  
[FFA Greenhouse](#) – Organic Gardening & Herbs/Plants Sale  
[Hackettstown Regional Medical Center](#) – Sleep Clinic & Senior Life  
[Health Club \(HOTT\)](#)  
[Horizon Blue Cross & Blue Shield](#) – Health Insurance  
[Hunterdon Medical Center](#) – Weight Loss  
[Isagenix](#) – Nutritional Cleansing Program  
[KnowURNutrition](#) – Plant Based Diet  
[My Children's Dentist](#) – Pediatric Dental tips  
[Project Self-Sufficiency](#)  
[Rooted in the Earth](#) – Featuring Shaklee products  
[School Based Youth Services Program](#)  
[Sensations Salon](#) – Healthy Hair & Massages  
[The Matlock Center](#) – Chiropractor  
[Warren County Division of Aging & Disability Services](#)  
[Warren County Health Department](#)  
Smoking Cessation  
[Warren County Medical Reserve Corps](#)  
Emergency Preparedness

## Activities/demonstrations:

[Chess Club Chess](#) – Mental Training for all Ages  
[Evolutionary Martial Arts](#) – Self Defense Workshop  
[Gibson's Fitness](#) – Fitness Classes & BMI  
[Norwescap \(CEED\)](#) – Cancer Education Prevention Program & Bingo  
[Optical Academy](#) – \$30 eye exams and glasses starting at \$30 if you preregister for the 5/31/14 Washington Site at <https://www.opticalacademy.com/calendar/>  
[Pet Therapy for Enhancing Quality of Life](#)  
[Warren County Prosecutor's Office/Washington Township Police](#) – Child ID Finger Printing 10am to 1pm, Car Seat Checks  
[WHRHS Peer Group](#) – Health Education Activities  
[Zumba by Carly](#)

## Activities for kids:

[Evolutionary Martial Arts](#) – Self Defense Workshop  
[Peer Leaders and DECA](#) – Hula Hoop and Jump Rope Contest, Demonstration and Wedding Line Dances  
[WHRHS Alternative Health Class](#) – CPR & Health Education