

☞ **Washington Township School District** ☞  
"Making a Difference"

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September 16, 2014

To: Parents/ Guardians of 6<sup>th</sup> grade students in Brass Castle  
Re: NASP National Archery in the Schools Program

**National Archery in the Schools Program (NASP) in Brass Castle New Jersey:**

Brass Castle Elementary is proud to reintroduce an Archery unit to our 6<sup>th</sup> grade physical education classes. Students will begin the week of October 13<sup>th</sup> and continue into November.

**WHAT IS NASP?**

The [National Archery in the Schools Program](#) (NASP) brings the sport of archery to millions of students in schools across the United States. Designed to teach international-style target archery in 4th-12th grades, the core content covers archery history, safety, technique, equipment, mental concentration, and self-improvement. The 2-week [archery curriculum](#) is aligned to National Physical Education Standards and can be run safely in a school gymnasium. No prior archery experience is necessary for students.

**CHANGING LIVES ONE ARROW AT A TIME...**

Many of the activities in physical education classes favor the strongest, fastest, and most coordinated students. Archery is a life-long sport that circumvents traditional barriers to engage students of all genders, physical abilities, and backgrounds, even aiding participation in students with disabilities. Archery is a physical activity in which boys and girls can participate together and puts athletes and non-athletes on a level playing field.

The National Archery in the Schools Program routinely transforms previously unreachable "high risk" students by unlocking self-esteem and transforming individual lives forever.

**WHY NASP WORKS**

Nearly everyone can succeed at archery. Kids love archery, and archery helps kids excel. Statistics show that school archery programs:

- Improve school attendance
- Increase self-esteem
- Increase physical activity
- Relate to subject matter
- Appeal to all students
- Get kids out-of-doors
- Can become an after-school activity

## WHO PARTICIPATES IN NASP?

- In the 2011-2012 school year, approximately 2,055,000 students participated in NASP throughout the country. That involves more children than Little League baseball and is three times larger than lacrosse! NASP has taught target archery to more than 9.5 million students in 47 states and continues to grow.
- In New Jersey, teachers in more than 100 schools have been trained to conduct NASP archery in physical education classes.

## IS ARCHERY SAFE?

- Archery's safety record is better than that of every ball sport taught in schools except table tennis. Equipment used is state-of-the-art and a universal fit so every student can safely use the same bows and arrows.

Please Click or go to the following links for additional information regarding NASP:

[NASP video](http://www.njfishandwildlife.com/nasp_video.htm) - [http://www.njfishandwildlife.com/nasp\\_video.htm](http://www.njfishandwildlife.com/nasp_video.htm)

[NASP Phys Ed curriculum link](#)

Thank you,  
John Hornyak  
Physical Education  
Brass Castle Elementary  
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\*Former Brass Castle 6<sup>th</sup> grade students during their archery unit