



# Washington Township Schools

## May 2016 Lunch Menu

Healthy Meals Grow Healthy Kids!

### Mac's Nutrition News

Enjoy the nice spring weather and celebrate National BBQ Month with your friends and family!

Try a variety of grilled fruits and vegetables such as corn, zucchini, bell peppers, eggplant, portobello mushrooms, asparagus, peaches, pineapples, apples, and more!

|  |               |        |
|--|---------------|--------|
| All Meals are Served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch. | Student Lunch | \$2.75 |
| Fruit of the Day and Low Fat Milk Choice   | Reduced Lunch | \$0.40 |
|  | Adult Lunch   | \$3.50 |

Maschio's Swap Outs

**Monday:** Cereal Bag  
**Tuesday:** Personal Pizza  
**Wednesday:** Hot Dog on a Bun  
**Thursday:** Chicken Caesar Salad with a Dinner Roll  
**Friday:** Tuna Salad Sandwich

---

Maschio's Swap Outs Available Daily

Peanut Butter & Jelly Jamwich Meal  
Muffin Bag Meal



# MASCHIO'S MAIN EVENT

| Monday  | Tuesday   | Wednesday  | Thursday  | Friday  |
|---|---|--|---|---|
| <b>2</b><br><b>Chicken Nuggets</b><br>Dinner Roll<br>Vegetable Medley<br>Fresh or Chilled Fruit   | <b>3</b><br><b>Breakfast for Lunch</b><br><b>Waffles</b><br>Breakfast Sausages<br>Hash Browns<br>Fresh or Chilled Fruit                             | <b>4</b> <b>New Item!</b><br><b>STAR WARS DAY</b><br><b>Grilled Cheese and Ham Solo Sandwich</b><br>Vader Tater Tots<br>Fresh or Chilled Fruit | <b>5</b> <b>CINCO DE MAYO</b><br><b>Chicken &amp; Cheese Quesadilla with Salsa</b><br>Black Bean & Corn Salad<br>Fresh or Chilled Fruit | <b>6</b><br><b>Personal Pan Pizza</b><br>Freshly Prepared Caesar Salad<br>Fresh or Chilled Fruit  |
| <b>9</b><br><b>Popcorn Chicken</b><br>Breadstick<br>Honey Glazed Carrots<br>Fresh or Chilled Fruit  | <b>10</b><br><b>Beef Nacho Platter with Shredded Cheddar Cheese, Shredded Lettuce, Tomatoes, and Salsa</b><br>Corn<br>Fresh or Chilled Fruit        | <b>11</b><br><b>Pizza Express</b><br>Freshly Prepared Garden Salad<br>Fresh or Chilled Fruit   | <b>12</b><br><b>Corn Dog</b><br>Baked Beans<br>Fresh or Chilled Fruit   | <b>13</b> <b>Lucky Tray Day</b><br><b>Home-Style Mac and Cheese</b><br>Soft Pretzel Stick<br>Sautéed Spinach<br>Fresh or Chilled Fruit  |
| <b>16 New Items!</b><br><b>Ireland</b><br><b>Irish Nachos: Loaded Potato Wedges with Diced Ham and Shredded Cheddar Cheese</b><br>Dinner Roll<br>Broccoli<br>Pear Gelatin Cup | <b>17</b><br><b>Greece</b><br><b>Chicken Gyro Pita with Tzatziki Sauce</b><br>Freshly Prepared<br>Cucumber & Tomato Salad<br>Fresh or Chilled Fruit | <b>18 New Items!</b><br><b>Italy</b><br><b>Pizza Express</b><br>Italian House Salad<br>100% Juice Italian Ice                                  | <b>19</b><br><b>Germany</b><br><b>All Beef Frankfurter on a Bun</b><br>Mini Potato Pancakes with Sour Cream<br>Apple Sauce              | <b>20</b><br><b>Japan</b><br><b>Sweet &amp; Sour Chicken Rice</b><br>Stir Fried Vegetables<br>Fortune Cookies<br>Chilled or Fresh Fruit |
| <b>23</b><br><b>Crispy Chicken Sandwich</b><br>Veggie Dippers<br>Fresh or Chilled Fruit   | <b>24</b><br><b>Breakfast for Lunch</b><br><b>Pancakes</b><br>Breakfast Sausages<br>Hash Browns<br>Fresh or Chilled Fruit                           | <b>25</b><br><b>Pizza Express</b><br>Green Bean Salad<br>Fresh or Chilled Fruit  | <b>26</b><br>School Closed  | <b>27</b><br>School Closed  |
| <b>30</b><br><b>Memorial Day</b><br>  | <b>31</b><br><b>Sausage &amp; Cheese Croissant</b><br>Puzzle fFies<br>Fresh or Chilled Fruit  | <br><b>Celebrate World Food Week!</b><br><b>May 16th-20th</b><br>MENU SUBJECT TO CHANGE  |   |   |

Our well-balanced lunches available for the week, average



**Carrot Sticks, Featured Salads, Bean Salad, or Veggie Dippers Available Daily**

Check us out on Facebook : Maschio's Food Services, Inc.

Questions or Concerns?  
 Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
 or Call Maschio's Food Services at: 908-689-1188 x608



"This institution is an equal opportunity provider"