

# Washington Township Schools

## May 2015 Lunch Menu

### Mac's Nutrition News:

Enjoy the nice spring weather and celebrate **National BBQ Month** with your friends and family!

Try a variety of **Grilled Fruits and Vegetables** such as Corn, Zucchini, Bell Peppers, Eggplant, Portobello Mushrooms, Peaches, Pineapples, Apples, and more!

### All Meals Served with:

Vegetable of the Day and/or a selection from Mac's Veggie Patch,  
Fruit of the Day and  
Low Fat Milk Choice

### Maschio's Swap Outs

Monday: Cereal Bag  
Tuesday: Personal Pizza  
Wednesday: Hot Dog on a Bun  
Thursday: Chicken Caesar Salad with a Dinner Roll  
Friday: Tuna Salad Sandwich

### Swap Outs' Available Daily

Peanut Butter & Jelly Jamwich Meal  
Muffin Bag Meal

Healthy Meals Grow Healthy Kids!

MASCHIO'S MAIN EVENT

Monday

Tuesday

Wednesday

Thursday

Friday

Look for  
New Items  
throughout  
the month!

Find us on Facebook:  
Maschio's Food Services, Inc.



Celebrate World Food Week!  
May 18th-22nd

1 **Hamburger on a Bun**  
Seasoned Rice  
Corn  
Fresh or Chilled Fruit

4 **Popcorn Chicken**  
Breaded Green Beans  
Carrot Coins  
Fresh or Chilled Fruit

5 **Cinco de Mayo**  
Nacho Platter with  
Taco Meat, Shredded  
Cheese, Lettuce,  
Tomatoes, & Salsa  
Fiesta Corn  
Fresh or Chilled Fruit

6 **Pizza Express Pizza**  
Caesar Salad  
Fresh or Chilled Fruit

7 **Hot Dog On a Bun**  
Mashed Potato  
Green Beans  
Fresh or Chilled Fruit

8 **Turkey Club Sandwich with Turkey Bacon, Lettuce & Tomatoes**  
Smile Fries  
Frozen 100% Juice Sorbet

11 **Breaded Chicken Sandwich**  
Mixed Vegetable Medley  
Fresh or Chilled Fruit

12 **Lucky Tray Day**  
Meatball Parm Sub  
Green Beans  
Peach Crisp

13 **Pizza Express Pizza**  
Freshly Prepared Tomato and Cucumber Salad  
Fresh or Chilled Fruit

14 **Breakfast for Lunch**  
Egg & Cheese on a Bun  
Maple Cinnamon Sweet Potato Tots  
Fresh or Chilled Fruit  
National Egg Month

15 **Crispy Chicken Salad** with Romaine Lettuce, Cucumbers, Tomatoes, & Shredded Carrots  
Pretzel Stick  
Fresh or Chilled Fruit

18 **All American Cheeseburger on a Bun with Lettuce & Tomatoes**  
Smile Fries  
Fresh or Chilled Fruit

19 **Mexico**  
Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, & Salsa  
Steamed Rice  
Corn  
Fresh or Chilled Fruit

20 **Italy**  
New Item  
Pizza Express Pizza  
Vegetable Pasta Salad  
Fresh or Chilled Fruit

21 **Japan**  
HALF DAY  
NO LUNCH SERVED

22 **SCHOOL CLOSED**  
NO LUNCH SERVED

25 **Memorial Day**  
School Closed

26 **Grilled Cheese on a Pretzel Bun**  
Tomato Soup  
Veggie Dippers  
Fresh or Chilled Fruit

27 **Pizza Express Pizza**  
Freshly Prepared Spring Mix Salad  
Fresh or Chilled Fruit

28 **Lasagna Roll with Marinara Sauce**  
Warm Breadstick  
Green Beans  
Fresh or Chilled Fruit  
National BBQ Month

29 **Hot Dog On a Bun**  
Baked Beans  
Fresh or Chilled Fruit

### Mac's Veggie Patch

Carrot Sticks,

Featured Salads, Bean Salad,

or Veggie Dippers

Available Daily



Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns?  
Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
Or  
Call Maschio's Food Services at  
908-689-1188 x608



Maschio's  
Food Services, Inc.

"This institution is an equal opportunity provider"