



Washington Township Schools

May 2017 Lunch Menu

Healthy Meals Grow Healthy Kids!

Mac's Nutrition News

Enjoy the nice spring weather and celebrate National BBQ Month with your friends and family!

Try a variety of grilled fruits and vegetables such as corn, zucchini, bell peppers, eggplant, Portobello mushrooms, asparagus, peaches, pineapples, apples, and more!

All Meals are Served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch. Fruit of the Day and Low Fat Milk Choice

Student Lunch \$2.75
 Reduced Lunch \$0.40
 Adult Lunch \$3.50

Maschio's Swap Outs

- Monday:** Cereal Bag
- Tuesday:** Mozzarella Sticks with Marinara Sauce and Dinner Roll
- Wednesday:** Hot Dog on a Bun
- Thursday:** Chicken Caesar Salad with a Dinner Roll
- Friday:** Stuffed Crust Pizza

Maschio's Swap Outs Available Daily

- Peanut Butter & Jelly Jamwich Meal
- Muffin Bag Meal

MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
1 Crispy Chicken Sandwich Fresh Veggie Dippers Fresh or Chilled Fruit	2 Macaroni and Cheese Dinner Roll Vegetable Medley Fresh or Chilled Fruit	3 Pizza Express Southwestern Corn Fresh or Chilled Fruit Warm Cinnamon Churro School Lunch Hero Day	4 STAR WARS DAY Grilled Cheese and Ham Solo Sandwich Vader Tater Tots Galaxy Swirl Sorbet	5 New Items! CINCO DE MAYO Wafflelicious Wednesday Waffles with Warm Berry Compote Breakfast Sausages Sweet Potato Waffle Fries Fresh or Chilled Fruit
8 China Sweet and Sour Chicken over Rice Broccoli Mandarin Oranges	9 Mexico Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, and Salsa Steamed Rice Steamed Corn Fresh or Chilled Fruit	10 Italy Pizza Express Freshly Prepared Italian House Salad Fresh or Chilled Fruit	11 America Hamburger or Cheeseburger on a Bun Sweet Potato Crinkle Fries Home-Style Apple Crisp National BBQ Month	12 Germany All Beef Frankfurter on a Bun Potato Wedges Applesauce
15 Chicken Nuggets Dinner Roll Vegetable Medley Fresh or Chilled Fruit	16 Breakfast for Lunch Pancakes Breakfast Sausages Maple Cinnamon Sweet Potatoes Fresh or Chilled Fruit	17 Lucky Tray Day Pizza Express Smile Fries Fresh Veggie Dippers Fresh or Chilled Fruit	18 Corn Dog Nuggets Baked Beans Fresh or Chilled Fruit	19 Meatball Sub Smile Fries Veggie Dipper Fresh or Chilled Fruit
22 Popcorn Chicken Confetti Rice Steamed Carrots Fresh or Chilled Fruit	23 Cheese Calzone Garlic Bread Garden Salad Fresh or Chilled Fruit	24 Pizza Express Freshly Prepared Caesar Salad Fresh or Chilled Fruit	25 SCOOP-A-BOWL with Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, and Salsa Tostitos SCOOPS! [®] Tortilla Chips Steamed Corn Fresh or Chilled Fruit	26 School Closed
29 Memorial Day School Closed 	30 Cheesesteak Sandwich with Peppers and Onions Battered French Fries Fresh or Chilled Fruit	31 Pizza Express Freshly Prepared Garden Salad Fresh or Chilled Fruit	Celebrate World Food Week!	

Our well-balanced lunches available for the week, average between **600-650 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

MENU SUBJECT TO CHANGE



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Check us out on Facebook : Maschio's Food Services, Inc.

Questions or Concerns?
 Please Visit www.MaschioFood.com
 or Call Maschio's Food Services at: 908-689-1188 x608



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