## SEL: Social-Emotional Learning Seminar

Sponsored by the Warren County Consortium for Student Enrichment

## FROM STUMBLING BLOCKS TO BUILDING BLOCKS: A TOOLBOX OF STRATEGIES

## Supporting the Social and Emotional Needs of High Potential Kids With Lynne Henwood

Gifted, diversely creative, and high potential learners approach life differently. Because they often experience the world with a greater intensity than their peers, these children need caring adults who understand their differences and can help them thrive.

In this workshop, we will take a deep dive into the social and emotional needs of these children. We'll explore the unique challenges that they may face, including anxiety, perfectionism, imposter syndrome, and loneliness. We will touch on ADHD, ASD, and related issues in high-capacity children. Come away with strategies for supporting your kids' social and emotional well-being, including ways to foster resilience, build strong relationships, and promote healthy self-esteem.

Lynne Henwood is Head of School for FlexSchool's Cloud Campus and served two terms as President of the New Jersey Association for Gifted Children. She serves on the Strengthening Gifted and Talented Education Advisory Committee for the NJ Department of Education.

## Format:

Presentation followed by a conversation with Lynne Henwood. Send in your questions through Zoom chat to be shared by our facilitators.

Zooming live from Mansfield Twp. School in Port Murray, NJ





Registration fee: No charge, courtesy of the WCCSE

How to register: Use this google form in order to receive the Zoom link.