

GIRLS ON THE RUN

unlock your limitless
potential!



What to expect:

- 20 interactive lessons with trained coaches (2x week)
- Girls learn to recognize their individual strengths, connect with others & complete a team organized Community Impact Project!
- Physical activity to inspire appreciation for fitness and healthy habits
- Personal cinch bag, branded shirt, entry into the season ending 5K Celebratory Event, medal & more!

Location
Brass Castle

Who
Girls in 3rd- 5th Grade
Season Timeline

Sept. 19th - Nov. 25th

When
Mon / Wed 3:20 - 5:00 PM

Cost
\$195

To register or for more information visit www.gotrhunterdon.org
or email our Program Coordinator: lindsey.legg@girlsontherun.org or Head Coach,
Paola Ramirez, paolaandreamirez070@gmail.com

**This program is not a school sponsored activity