

Logic Model



INTERVENTION COMPONENTS

- Brain Builder activities
- Lessons
- · Daily extension activities

Lessons focused on:

- · Growth mindset
- Focusing attention and managing distractions
- Planning and goal-setting
- · Prosocial skills
- · Identifying and labeling emotions
- Emotion management
- Kindness
- · Empathy and perspective-taking
- · Social problem-solving

Second Step® Elementary helps K-5 students learn to persist through challenges, achieve goals, manage emotions, create and maintain positive relationships, and effectively solve interpersonal problems for success in school and life. This logic model provides a high-level overview of how Second Step lessons support increased social, behavioral, and academic success.

DELIVERED THROUGH

- Stories and scenarios
- Multimedia content
- Games
- Class discussions
- Group and partner activities
- Skill practice and application using writing, drawing, role play, and digital interactions
- Reinforcement through extension activities and schoolwide implementation

INITIAL OUTCOMES

Increased:

- · Executive function
- · Growth mindset
- · Goal-directed behavior
- · Group work and collaboration skills
- · Ability to identify and regulate emotions
- Self-awareness
- Empathy and respect for others
- Social perspective-taking
- · Conflict resolution and avoidance

INTERMEDIATE OUTCOMES

Increased:

- · On-task behavior
- Academic perseverance
- Emotion regulation
- Prosocial behavior
- Positive relationships
- · Social problem-solving

Reduced:

- Classroom management issues
- · Emotional distress
- Peer rejection
- · Peer conflicts
- Office disciplinary referrals

Questions?

Contact Client Support: support@secondstep.org 800-634-4449, ext. 1

LONG-TERM OUTCOMES

Increased social, behavioral, and academic success