

**Focus Topic: Personal/Social Development**

The Student Will...

Objective(s)	Alignment	Essential Questions	Understandings	Suggested Assessments
Discuss the physical, social, emotional, and intellectual dimensions of wellness	2.1.6.A.1	What makes a person unique?	Each person has unique qualities.	Standardized achievement tests
Discuss how health knowledge, health choices, self-control, resistance, and self-management skills influence wellness	2.1.6.A.4	What makes others unique?	Friendships are important.	Teacher generated tests/quizzes
Examine how personal assets, and protective factors support healthy social and emotional development	2.1.6.F.1	How should other people be treated?		Authentic assessments
Analyze personal interests, abilities, and skills through various measures including self assessments.	9.1.8.A.4			Self assessment
Compare and contrast ways that individuals, families, and communities cope with change, crisis, rejection, loss, and separation	2.1.6.F.5			Peer assessment
Describe the physical and emotional signs of stress and the short-term and long-term impacts of stress	2.1.6.F.4			Portfolio
Discuss the causes of stress and demonstrate ways to deal with stressful situations	9.2.4.B.5			
Identify types of loss and demonstrate ways to cope with loss and sadness	2.1..F.6			
Expand their feelings vocabulary	2.2.6.A.3			

Recognize how emotions effect behavior, and how behavior affects others	9.2.8.D.2			
Recognize symptoms of anger and identify appropriate ways to deal with them	2.1.6.F.2			
Describe and demonstrate appropriate ways to express emotions, both verbally and non-verbally	2.1.6.F.2			
Discuss how peer relationships may change during adolescence	2.4.6.A.4			
Identify what they look for in a group, and why they belong to a group	9.2.8.C.6			
Discuss how peers impact the way they communicate and express emotions	2.1.4.F.2			
Recognize positive and negative peer pressure in relationships	2.2.6.B.2			
Develop positive social skills to interact with others	9.2.4.C.1			
Discuss the effects of spreading rumors and gossiping	9.2.4.C.1			
Demonstrate character traits that are important in day-to-day activities in the home, school, and community	9.2.4.D.1			
Explain and demonstrate how character and behavior affects and influences the actions of others in the home, school, and community	9.2.8.D.1			
Conduct a cooperative activity or project that addresses a character trait	9.2.4.D.2			
Discuss how an individual’s character positively impacts individual and group goals and success	2.2.4.D.2			
Describe and demonstrate appropriate character traits, social skills, and positive attitudes needed for the home, school, community, and workplace	9.2.4.D.4			

Identify ethical behaviors in the home, school, and community	9.2.8.D.3			
Describe how personal ethics influence decision making	9.2.8.D.4			
Demonstrate the appropriate use of courtesy words and understand their importance to relationships	9.2.4.D.3			
Explain a person’s responsibility to obey the laws and rules	9.2.4.D.4			
Describe and demonstrate the characteristics of an effective leader	2.2.4.E.1			
Compare various forms of leadership and implement appropriate leadership strategies when serving in a leadership role	2.2.6.E.1			
Organize and participate in a school or community service activity and discuss how helping others impacts personal and community wellness	2.2.4.E.7			
Discuss how individuals can make a difference by helping others, volunteering and participating in activities through school or community	2.2.6.E.5			
Discuss local and state laws that impact personal, family, and community wellness and formulate ways that individuals and groups work together to improve wellness	2.2.6.E.7			
Explain that a citizen is a legally recognized member of the United States with rights and responsibilities	6.2.4.D.1			
Describe the significant characteristics of an effective citizen	6.2.4.D.2			

Discuss the rights and responsibilities of American citizens, including obeying laws, serving on juries, and voting in local, state, and national elections	6.2.8.D.1			
Compare and contrast ways that individuals, families and communities cope with change, crisis, rejection, loss, and separation	2.1.6.F.5			
Discuss ways that families adjust to changes in the nature or structure of the family	2.4.4.A.3			
Discuss how culture and tradition influence personal and family development.	2.4.4.A.4			
Compare and contrast the interconnected and cooperative roles of family members	2.4.6.A.1			
Investigate ways that individuals and families enhance and support social and emotional health and meet basic human needs	2.4.6.A.2			
Describe the characteristics of a healthy relationship and discuss factors that support and sustain it	2.4.6.A.3			
Examine common and diverse traits of other cultures and compare to their own culture	6.2.4.E.9			
Discuss the impact of stereotyping on relationships, achievement, and life goals	6.2.8.E.12			
Analyze how prejudice and discrimination may lead to acts of hatred and violence	6.2.8.E.13			
Recognize bias, vested interest, stereotyping, and the manipulation and misuse of information	9.2.8.A.4			

Choose and justify appropriate strategies to deal with conflict, violence, harassment, vandalism, and bullying	2.1.6.F.2			
Describe home, school, and community efforts to prevent conflict, vandalism, bullying, harassment, and violence	2.1.6.F.3			
Demonstrate and evaluate the effective use of communication skills, including refusal, negotiation, and assertiveness	2.2.6.A.3			
Identify and access print and non-print resources that can be used to help solve problems	9.2.4.A.3			
Demonstrate brainstorming skill	9.2.4.A.4			
Describe how personal beliefs and attitudes affect decision making	9.2.8.A.2			
Distinguish among conflict, violence, vandalism, harassment, and bullying and discuss factors that contribute to each	2.1.4.F.3			
Describe and demonstrate strategies to prevent, reduce, or deal with conflict and bullying	2.1.6.F.2			
Describe home, school, and community efforts to prevent conflict, vandalism, bullying, harassment, and violence	2.1.6.F.3			
Identify and describe skills necessary to help others in need	2.1.4.F.4			
Discuss the causes of stress and demonstrate ways to deal with stressful situations	2.1.4.F.5			
Describe the physical and emotional signs of stress and the short and long term impacts of stress to the human body	2.1.6.F.4			

Develop positive social skills to interact with others	9.2.4.C.1			
Demonstrate respect and flexibility in interpersonal and group situations	9.2.8.C.1			
Select and use language appropriate to the situation including learning and practicing using positive self talk	9.2.4.C.2			
Work cooperatively with others to solve a problem	9.2.8.C.3			
Practice the skills necessary to avoid physical and verbal confrontation in individual and group settings	9.2.8.C.5			
Understand that singling someone out for deliberate and repeated harassment is bullying	2.1.4.E.1			
Understand the forms of bullying	2.1.6.E.4			
Describe and understand relational aggression and develop positive social skills to interact with others	9.2.4.C.1			
Exhibit legal and ethical behaviors when using information and technology, and discuss rewards and risks of the internet	8.1.8.B.4			
Describe and practice safe internet usage, including an understanding on how to utilize appropriate resources if confronted with online bully	8.1.8.B.4			
Discuss and understand gang awareness and the importance of effective use of communication skills, including refusal, negotiation, and assertiveness	2.2.4.A.3			

Explain that abuse can take several forms, including verbal, emotional, sexual, and physical	2.1.4.E.3			
Discuss the physical, social, and emotional impacts of all forms of abuse	2.1.6.E.4			
Discuss what to do if any form of abuse is suspected or occurs	2.1.6.E.4			
Recognize that touch can elicit pleasant and unpleasant feelings	2.1.6.E.4			
Discuss the rewards and risks of the Internet, email, and wireless devices	8.1.8.B.2			
Describe the characteristics of strangers, acquaintances, and trusted adults and demonstrate safe and appropriate ways to deal with each	2.1.4.E.4			

**Focus Topic: Academic Development**

The Student Will...

Objective(s)	Alignment	Essential Questions	Understandings	Suggested Assessments
Describe and demonstrate active and reflective listening	2.2.6.A.4	Why is school important?	Academic successes impact self worth.	Standardized achievement tests
Discuss the importance of communication, punctuality, time management, organization, decision making and goal setting as they relate to school	9.1.12.B.4	In what ways are relationships important while in school?		Teacher generated tests/quizzes
Compare and contrast learning styles	9.2.4.B.2			Authentic assessments
Analyze personal interests, abilities, and skills through various measures including self assessment	9.1.8.A.4			Self assessment
Identify and assess problems that interfere with attaining goals	9.2.8.A.3			Peer assessment
Describe how personal beliefs and attitudes affect decision making	9.2.8.A.2			Portfolio
Develop and implement a personal growth plan that includes short and long term goals to enhance development	9.2.8.B.1			
Practice goal setting and decision making in areas relative to life skills	9.2.8.A.5			

**Focus Topic: Career Development**

The Student Will...

Objective(s)	Alignment	Essential Questions	Understandings	Suggested Assessments
Communicate, analyze data, apply technology, and problem solve	9.2.8.A.1	Why do people work?	Becoming a critical consumer protects their financial well being.	Standardized achievement tests
Describe how personal beliefs and attitudes affect decision making	9.2.8.A.2		Hard work, a good education, and self knowledge lay the foundation for career success.	Teacher generated tests/quizzes
Outline the steps to making an effective decision	2.2.4.B.1			Authentic assessments
Work cooperatively with others to solve a problem	9.2.8.C.3			Self assessment
List problems and their causes, effects, and solutions that are faced in the home, school, and/or community	9.2.8.D.3			Peer assessment
Describe how personal ethics influence decision making	9.2.8.D.4			Portfolio
Assess the importance of taking responsibility for their choices and actions	9.2.8.D.4			
Analyze the influence of family, peers, and the media on decisions and investigate how conflicting interests may influence decisions and choices	2.2.6.B.2			
Define the terms and identify various jobs, occupations, and careers	9.1.8.A.1			
Apply research skills to career exploration	9.1.8.A.3			
Analyze personal interests, abilities, and	9.1.8.A.4			

skills through various measures including self assessments				
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