

# BLUE STORM WRESTLING CLUB

“It’s about the kids.”

**Who are we???:** Started years ago, BSWC has been reborn as a USA Wrestling sponsored club chartered to follow in the footsteps of its founders in providing student-athletes from the Tri-State area tools to be a state, national, and world champion!!!

*College wrestlers  
welcome at H.S.  
practices!*

**What do we offer???:** Weekly training sessions:

**Mondays** (Starting March 13, 2017)

Youth (3rd-7th Gr.) 6:10 - 7:15PM

\$10 per practice

H.S. (8th-12th Gr.) 7:30 - 9:00PM

\$15 per practice

\*\*\*USA Wrestling Card ([www.themat.com](http://www.themat.com)) required for participation\*\*\*

**Where do you get better???:**

**Warren Hills Regional High School - Wrestling Room**

41 Jackson Valley Rd, Washington, NJ 07882

\*Enter right side parking lot, park in back lot, enter through doors next to cafeteria, wrestling room is straight ahead across from the 2nd gym entrance

**Coaches:**

**Mike Rogers** - 2-time Pennsylvania State Champion (Easton, PA)

**K.C. Wanamaker** - MAC Place-Winner (King’s College)

USA Wrestling Bronze Certified Coach

*Over 40 YEARS of  
experience at the Youth, High  
School, and College level!!!*

*“Once you’ve  
wrestled, everything  
else in life is easy.”  
- Dan Gable*

**Contact:**

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[www.bluestormwc.com](http://www.bluestormwc.com)

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Folkstyle  
Freestyle  
Greco-Roman

Technique  
Live Wrestling

**USA Wrestling  
chartered  
club!**



**USA wrestling**

This activity is not sponsored by the Washington Township School District