

FOR GIRLS ONLY

A Heart-to-Heart Talk on Growing Up

For girls ages 9 - 13
and their moms / guardians.

COME AND LEARN ABOUT:

Changes of puberty
Menstruation
Acne
Social Issues
Nutrition
Exercise
And much more!



Saturday, June 7th

Registration: 9:00 - 9:30 a.m.

Program: 9:30 - 12:00 p.m.

Hunterdon Medical Center

Auditorium,

2100 Wescott Drive,

Flemington, NJ 08822

SPEAKERS INCLUDE:

Jody Kroon, M.D., Pediatrician,

Hunterdon Pediatric Associates

Cynthia Comporato, M.A., M.S.W.,

L.C.S.W., Clinical Coordinator,

Outpatient Psychological Services,

Hunterdon Behavioral Health

Michelle Wright, MS, RD, CDE, CSSD,

Community Nutritionist, Center for

Nutrition and Diabetes Management.

Girls will also enjoy an interactive health fair which will include: nail polish change courtesy of the cosmetology students at Hunterdon County Poly-Tech Career Academy. Lunch will be provided for attendees.

The fee for this program is \$25 per child and one parent or guardian is required to attend as well (no charge for the parent or guardian).

Registration is limited. Please register online at forgirlsonly2014.eventbrite.com.



Hunterdon Healthcare

Your full circle of care.

www.hunterdonhealthcare.org



**Hunterdon
HealthCare
Partners**

"Physicians in Partnership with Hunterdon Medical Center"