

## Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

## **Nutrition News:**

Farm Fresh Produce will be available from September 25th through the 29th. Look out for the Jersey Fresh Symbol on the lunch line!

Local produce decreases the food miles from the farm to your cafeteria.

Local fruits and vegetables are in season and taste great!

Student Breakfast \$1.50

Adult Breakfast \$1.80

Reduced Breakfast \$0.30

## We Hope You Enjoyed **School** Closed Your Summer Vacation! **Welcome Back!** Cinnamon Bun Labor Bagel with Cereal with Bagel with Cream Cheese Graham Crackers Day Cream Cheese Cereal Assorted Fruit Assorted Fruit School 100% Juice Assorted Fruit Assorted Fruit 100% Juice Closed 100% Juice 100% Juice Milk Selection Milk Selection Milk Selection Milk Selection 12 Bagel with Cereal with Cinnamon Bun Bagel with Cereal with Graham Crackers Cream Cheese Cream Cheese Graham Crackers Cereal Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit 100% Juice 100% Juice 100% Juice Assorted Fruit 100% Juice Milk Selection Milk Selection 100% Juice Milk Selection Milk Selection Milk Selection **Bagel with** Cereal with Cinnamon Bun Bagel with Cereal with Cream Cheese Cream Cheese **Graham Crackers Graham Crackers** Cereal Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit 100% Juice 100% Juice 100% Juice Assorted Fruit 100% Juice Milk Selection Milk Selection 100% Juice Milk Selection Milk Selection Milk Selection Cereal with Bagel with Cereal with Cinnamon Bun Bagel with **Cream Cheese** Cream Cheese **Graham Crackers** Graham Crackers or Cereal Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit 100% Juice 100% Juice 100% Juice Assorted Fruit 100% Juice Milk Selection Milk Selection 100% Juice Milk Selection Milk Selection Milk Selection Jersey Fresh Farm to School Week

Wednesday

Connect with us!

Monday

Tuesday









Friday

**Thursday** 

Please Visit: www.maschiofood.com