





# Washington Township School District

## January 2012

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Chicken Nuggets Green Beans Dinner Roll Applesauce	4 Taco Steamed Rice Choice of Fruit	5 French Toast & Bacon (with syrup) Hot Cinnamon Apples Fruit Juice	6 Round Pizza Fresh Salad Choice of Fruit
Alternate #1: Tuna salad on whole grain Alternate # 2: Cheese sandwich on whole grain				
9 Meatball Sandwich Oven Fried Potatoes Peaches	10 Chicken Patty on bun Vegetable Soup (with crackers) Applesauce	11 Macaroni & Cheese Steamed Broccoli Dinner Roll Pears	12 Pancakes & Sausage (with syrup) Fresh Grapes Orange Juice	13 Cheese Pizza Fresh Salad (with lowfat dressing) Choice of Fruit
Alternate #1: Hotdog on bun Alternate # 2: Cheese sandwich on whole grain				
16 	17 Chicken Nuggets Oven Fries Dinner Roll Peaches	18 Taco Corn Fruited Jello	19 Egg Patty & Bacon Mini Bagel Oven Fries Choice of Fruit	20 Pizza Sticks w/ sauce Vegetable Sticks Choice of Fruit
Alternate #1: Bagel with cream cheese Alternate # 2: Cheese sandwich on whole grain				
23 Hamburger on a bun Peas and Carrots Mixed Fruit Pudding	24 Chicken Patty on bun Corn Pineapple	25 Ham & Cheese (on wheat bun) Chicken Noodle Soup Carrot Sticks Apple	26 French Toast Sticks (with syrup) Trix Yogurt Peaches Orange Juice	27 Stuffed Crust Pizza Vegetable Choice of Fruit
Alternate #1: Deli Turkey on whole Grain Alternate # 2: Cheese sandwich on whole grain				
30 Steak Sandwich Oven Fries Dill Pickles Applesauce	31 Chicken Nuggets Green Beans Dinner Roll Mixed Fruit Pudding			
Alternate #1: Cereal Bag Alternate # 2: Cheese sandwich on whole grain				

Lunch: \$2.50  
Extra Main: \$1.40  
Milk: \$ .50

**Choice of flavored or unflavored low fat milk with all meals.**

A variety of snacks will be sold daily  
at Brass Castle and Port Colden

MENU SUBJECT TO CHANGE.

ICE CREAM.....\$ .75  
COOKIE.....\$ .35  
CHIPS.....\$ .60  
POPCORN.....\$ .60

**ALTERNATE LUNCH INCLUDES  
FRUIT/VEGETABLE & MILK.**



Lunch tickets sold on Friday

Make checks payable to:

**WASHINGTON TOWNSHIP CAFETERIA**

