FAMILY GUIDANCE CENTER OF WARREN COUNTY

Washington: (908) 689-1000 Phillipsburg: (908) 454-4470 Hackettstown: (908) 852-0333

Partial Care Gateway: (908) 689-6212

Emergency: (908) 454-5141

492 Route 57 West Washington, NJ 07882

National Mental Health Awareness Month

The Family Guidance Center of Warren County is a private, non-profit community behavioral health care center that provides a wide range of mental health and substance abuse services to youth, adults and families throughout Warren County. For more than 60 years, the Family Guidance Center has successfully carried a message of prevention, treatment and recovery to individuals and their families regardless of their background or socioeconomic status. Since the Family Guidance Center was founded in 1955, we have never denied anyone services based on their inability to pay and this is a practice that we wish to continue for years to come. Currently, there is a growing need for mental health and substance abuse services within Warren County. It is our mission to ensure that the Family Guidance Center continues to improve the quality of life for all individuals impacted by this growing need, but we need your help to fulfill this goal.

During the month of May, the Family Guidance Center of Warren County is recognizing National Mental Health Awareness Month by collaborating with three area restaurants to spread a message of awareness, fight stigma, provide support, educate the public and advocate for equal care. We have partnered with three local restaurants: Mama's Café and Baci in Hackettstown, Enzo's Pizzeria and Pasta Grill in Washington, and Guys Il Gaetano's Restaurant in Phillipsburg; each have agreed to donate a portion of their proceeds between May 15th and 18th in support for mental health services in our community. Specific information is listed on the attached flyer, which will need to be presented at the restaurant in order for Family Guidance Center to receive the benefit of your patronage.

Within our community, 25% of our residents are currently suffering with a behavioral health disorder and roughly two-thirds of these individuals will never seek treatment due to a lack of resources or access to services. With your help we can have a positive impact on these statistics and give our community hope for a better tomorrow. **There will be a free chance for a \$25 gift certificate at each restaurant** and Family Guidance Center staff and Board members will be present at lunch and dinner hours to provide information on our services. Come out and enjoy some great food, at great prices to increase awareness and support for mental health services in our community. Thank you.

